

DATES TO REMEMBER		
Term 4 ~ 2023 Monday 2 October to Wednesday 20 December		
<b>November</b> Friday 24	Year Prep Zoo Excursion	V ( 1
<b>December</b> Friday 1	Prep 2024 Transition Day 4 9.00 to 10.30	[
	Last Day for Stepping Up	
Wednesday 6	Last Day for LINKS	(
Thursday 7	6.00 to 7.30pm Christmas Concert	1
Thursday 14	Year 6 Graduation	
Friday 15	Year 6 Celebration Day	ł
Wednesday 20	Last Day Term 4 Students finish at 1.30pm	

Issue 18

23 November 2023

# FROM THE PRINCIPAL'S DESK

# Welcome Hope Marikar

The Marikar family welcomed the safe arrival of Hope Marikar on Friday 10<sup>th</sup> November.

Big sister Hannah is loving the new addition to the family.

On behalf of the CPS community, we wish the family all the best wishes.



Huge thank you to all the 34 families and staff who attended our working bee. Many, many jobs were achieved by the hard workers.

The lucky winner of the \$50 Bunnings Voucher is Courtney Ganas—Abigail 1/2M Georgia 3/4T.

#### **Christmas Concert**

Just a reminder that we will have our Christmas Concert on the synthetic grass on Thursday 7<sup>th</sup> December from 6:00pm-7:30pm.

This concert each year is always a happy occasion, where we get together as a whole school community to share in the children's success, have a break after a very busy year, and hopefully see a friend or two who we haven't caught up with for a while.

Parents are invited to bring along picnic rugs, chairs and their picnic tea and drinks.

<u>A reminder that smoking and the consumption of alcohol on the school property is against the law and therefore</u> not permitted.

Our PACC has been working hard to source items for the Silent Auction. The Auction will be a major fundraiser for the evening. More information will be available early next week.

## Whole School Transition

Welcome to the family

Our students and staff will spend time on Monday 11<sup>th</sup> and Monday 18<sup>th</sup> December (2:00pm to 3:20pm) stepping up into their 2024 year levels, familiarizing themselves with the teachers in the new year level and friends that might have been in other classes.

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We have asked the children for the names of others they would like to be in a class with next year. We can only guarantee one child on that list as it is a very complicated process.

On Tuesday 12<sup>th</sup> of December, the state-wide transition day for Year 6 to Year 7. More details will be shared with our Year 6 families closer to the date.

#### FROM THE PRINCIPAL'S DESK continued from previous page

#### **MOBILE DEVICES:**

Welcome to the family

You only have to read the news, watch the television or have an eye across any social setting to see that mobile phone and technology use is significant amongst all children. Children are

spending considerable time interacting with one another online via social media platforms on a multitude of different devices.

Since 2019 the use of mobile phones in state government primary and secondary schools has been banned. The decision was made in response to the increasing issues of cyber bullying in schools, especially secondary schools. Students are required sign their phones in and out of the school office each day.

We continue to consider the amount of digital access available at CPS as we prepare students for the next stages of schooling.

With students learning in very different ways to how our educational system was originally designed, we embrace technology in the classroom to improve engagement and increase student success rates.

At CPS, we have strict guidelines to ensure the safe and productive use of devices, with teachers critically considering the need for technology in lessons. An important consideration when introducing devices into lessons is asking 'Is this screentime active?' as children passively consume large amounts of digital content with no thought, creativity or interaction ... active screen time involves cognitive thought and engagement.

As an eSmart accredited school, we understand both the benefits and risks of digital technologies. Learning about being safe online is a part of our teaching program, with teachers regularly and explicitly reinforcing these important practices.

We are increasingly using digital technologies for professional purposes (such as teaching and learning) and use the Compass online management system to streamline our processes and school -home communication. Social media does have benefits but cyber safety is a major concern facing schools.

Children, young adults, school staff, parents and wider community members are at risk of misusing social media or being targeted by a disgruntled young person or member of the public. As with all forms of inappropriate behaviours, the digital world has simply opened up a new platform for it to occur.

I urge school families to read the <u>eSmart online safety guide</u> as it includes a range of practical tips and advice on what to do if things go wrong.

As a parent I know the battles that occur in the home around screen time, and I've come to appreciate that if I'm not saying 'no' to my children that I must not be doing my role of parent properly. In protecting kids from the dangers online, some thoughts to consider could be:

- 1. No technology in the bedroom: research shows that a concerning amount of children text/ message friends at night! No devices = better sleep.
- 2. Screentime limits: in understanding the difference between active and passive screentime, time online is monitored including television, games consoles and iPad/laptop.
- 3. Device ownership: despite giving an iPad/laptop as a gift, the rule of the house is that we as parents can access the devices at any time.

We are fortunate to be in an educated community, and appreciate there will still be differing parent values and sensibilities. We thank you for your support.

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## FROM THE PRINCIPAL'S DESK continued from previous page

## THUNDERSTORM ASTHMA:

During the months of October to December, areas of Victoria are particularly prone to bouts of combined pollen and weather conditions that can result in 'Thunderstorm Asthma' in children and adults.

On days of high risk of Thunderstorm Asthma at school, staff carefully consider conditions, and may have some outdoor activities relocated indoors (such as PE) to limit the potential impact of conditions that could result in a student having Thunderstorm Asthma.

Families can monitor the potential for Thunderstorm Asthma through various websites and apps, including the following:

<u>https://www.health.vic.gov.au/environmental-health/epidemic-thunderstorm-asthma-risk-forecast</u>

https://www.melbournepollen.com.au/mobile-app/

#### https://support.emergency.vic.gov.au/hc/en-gb/categories/203637608-VicEmergency-app

For students prone to Asthma, Hayfever, or who take regular preventative medication, families are encouraged to monitor these sites (as does the school), and ensure children have their medication (named) at the school office, in case it is needed.

More information about Thunderstorm Asthma can also be found here: <u>https://www.health.vic.gov.au/environmental-health/epidemic-thunderstorm-asthma-frequently-asked-questions</u>

## **Celebrating Our Specialist Programs**

In my very humble opinion specialist programs can be underrated in primary school, but this would not be what our students say. In fact, when you ask them students about their favourite parts of school life they often mention one of these programs. At Clarinda PS we are fortunate to run a fantastic range of specialist programs that include Physical Education, Art, Greek Language, Performing Arts and STEM (Science-Technology-Engineering-Maths).

We are proud to offer a range of specialist learning programs which broaden the educational experience for each child. It is also an important confidence builder and enables students to shine in an area in which they have special talents.

Our specialist programs are also complemented by lots of extra-curricular programs such as; Inter-school Sport, Camps, Art Club, Rock Band, Clarinda Singas Mathematics Extension, School Production, and so on.

I'm inviting everyone in our community to join me in celebrating our wonderful specialist learning and extra-curricular programs, and hope that you can see the value of this important learning for children.

I also want to acknowledge our dedicated specialist teachers who make it all possible, we are most fortunate to have your expertise and skills in our school community.

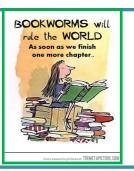
See you around the school Robbie Mallett Principal





# Library News—Book Club

All orders are due on <u>Wednesday 29th November.</u> Hurry don't miss out on the fabulous special offers. Books make excellent Christmas presents. Carol McKinley - Library Technician.



# 2024 Prep Transition

Transition Day 4 – Friday 1<sup>st</sup> December 9.00 – 10.30am

For the children -Activities with Grade 5 "Buddies".

For the parents -Developing oral language / Questions & Answers.

10:30 – 11:00 Sausage Sizzle BBQ - parents / guardians are most welcome to join the celebration.

> \*<u>Children receive booklets</u> with 2024 starting times

FREE FOOD FOR EVERYONE EVERY DAY AT CLARINDA PRIMARY SCHOOL

SCHOOL PANTRY

BREAD-FRUIT-CANNED GOODS AND MUCH MORE

COME IN AND HELP YOURSELF

MAIN CORRIDOR NEAR UNIFORM DISPLAY

CLARINDA: PRIMARY-SCHOOL: OFFICE UNIFORM: SHOP: ¶ OPEN: JANUARY: 2024¶ 18: &: 19: &: 24¶ 10.00AM: TO: 3.00PM ¤

# CLARINDA · PACC · · · CHRISTMAS · RAFFLE ¤

RAFFLE·WILL·BE·<u>DRAWN·AT·THE</u>¶ CHRISTMAS·CONCERT·-·7<sup>TH</sup>·DECEMBER¶

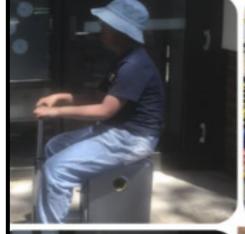
SURPRISES FOR EVERYONE

WRITE·YOUR·NAME·&·MOBILE·ON·EACH-TICKET·YOU·BUY= TICKETS·\$1.00·¤

Welcome to the family



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# + Thank you FROM THE JSC WE RAISED \$294.40 FOR THE YEAR 6 GRADUATION



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Welcome to the family



<b>STUDENTS</b>	<b>OF THE</b>	W E E K
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Prep W	Markus	For trying his best to present his work neatly.
	Armin	For his persistence and creativity demonstrated during writing time.
Prep Y	Max	For fantastic persuasive writing this week!
1/2P	Nina	For pursuing her personal best in Handwriting.
	Betty	For pursuing her best in our 'Maths Workshops'.
1/2M	Vedhika	For pursuing her best in all areas of learning.
	Andrea	For challenging herself by using paragraphs in her persuasive writing.
1/2K	Thanasis	For an excellent effort in all tasks given!
	James	For making a greater effort this week and learning to be more patient!
3/4D	Emma	For creating a picture story book independently.
	Dean	For working hard and staying focused in Maths when learning about rounding.
3/4T	Shanaya	For being a great listener and working hard on her problem solving strategies in Maths.
	Amelia	For always listening very carefully to instructions and working hard on all class activities.
	Kiyara	For being such a creative thinker and working hard to demonstrate this in her Reader's and Writer's Notebooks.
3/4A	Natasha	For doing the right thing by always being a kind friend.
	Dilan C	For demonstrating resilience when faced with challenges.
3/4N	Ashvath	For demonstrating resilience by having a go at things that look hard.
	Vedanshi	For showing great sportsmanship during the Cricket Gala Day
	Donita	For having great discussions during her Literature Circle. Keep it up!
	Jaymin	For always striving to deepen his thinking and responses after his reading.
5/6C	Anastasia, Ruby, Kira, Rishik	For reading excellence!

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# Welcome to the family





# Why do kids grizzle and whine?

Why do kids grizzle and whine? Because it works! Like chicks in a nest that pester and peck until their parent regurgitates worm bits down their throats, kids have learned that whining gets them what they want. Do you want to spend the rest of your parenting years trapped with grizzly, whiney kids? No? Then promise yourself, "I am never going to give in to a request made to me in a whiney voice. Or a cranky, bullying one either."

When they come at you with, "Mum! Mum! Mum! *Muuuuum*!" say, "Sorry, I'm not listening to that. If you want my answer now, it's no. Pop away, practise your nice polite voice and come back and ask me again." I doubt it will work straight away – they might just notch up the volume and unpleasantness. But stand your ground and repeat the 'nice polite voice' instruction.

And you know what? They will – they will come back and ask you in a nice polite voice. Then you can say, *"No!"* I'm kidding – you don't have to be cruel. Listen to them. When they discover that well-mannered requests work well for them and whining never works, you will start to see a shift in tone at you place.

By the way, it is important you model the voice you want. Many parents ask me, "Why does my child grizzle and whine?" - in a grizzly tone of voice of their own. Some mysteries are not that deep.

If you whine and grizzle back at them, guess what they will learn? Drag up the acting skills you use for job interviews and visiting relatives, switch on a soft lilting voice without a hint of edge or threat, and say, "When you can speak to me as softly and politely as I'm talking to you, I will listen."





# Fresh food, more variety!

New menu options now in Your OSHC and Rocketeers!



# Find out more

campaustralia.com.au/ food-nutrition

Dear parents and families, Hope you all are doing well. Last Week our children had great fun learning and constructing Rubbish Robots on account of National Recycling week. Children were mindful and participated in healthy discussions on Reduce, Reuse and Recycle Resources. Sharing some of the amazing Artwork Created by our Little geniuses below. This week, we are baking coconut chewy cookies and assorted Christmas fruit platter. Please visit us at Our Oshc Clarinda Primary School for any booking enquiries or call to enquire at 0402353192 for more details.



# **Baking coconut cookies** Christmas fruit platter

Emoji squishies

Activities

coming up

# Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

Book now

# Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.









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