

**DATES TO REMEMBER****Term 1 2021**

Thursday 28 January to  
Thursday 1 April

<b>February</b> Friday 5	Year 5 & 6 camp deposit due
Monday 15	Parent/Teacher interviews
Tuesday 16	2.30 School council finance
Wednesday 17	Parent/Teacher interviews
	After School Greek begins
	LINKS begins
	Book club orders due in
Thursday 18	3.00 prep afternoon tea
Friday 19	STEP UP begins
	Dozen Days of Prep Celebration
	3.00 --Open to learning
Tuesday 23	Prep Teddy Bear Picnic tbc
	7.00 School council meeting
<b>March</b> Wednesday 3	Year 5 & 6 Campers depart
Friday 5	Year 5 & 6 Campers return
Monday 8	Labour day Public Holiday

**Welcome for 2021**

Welcome back to another exciting year at Clarinda Primary School. I hope that you had a great summer holiday and were able to spend some quality time with family and friends. My family and I headed off to Warrnambool, Port Fairy and Cape Paterson and enjoyed the 'interesting' summer weather at the beach.

**Timetable and Assembly Schedule**

8:50am First Bell – students' line up and teachers collect the students - Prep-2 Reading & 3-6 Mindfulness  
9:00am School day begins – Gates locked at 9:15am. Entry via Gate 1  
11:00am Recess  
11:30am Students line up and teachers collect for classes  
1:00pm Lunch  
1:10pm Students outside for play  
2:00pm Students line up and teachers collect for classes  
3:25pm Gates opened to the school grounds  
3:30pm End of school day and students dismissed  
3:45pm Final bell – students still in the school will be taken to the school office and parents notified

**Assembly** 1<sup>st</sup> and Last week of every term – special assemblies will be held when required. Student of the Week awards will be presented within the class on a Friday.

**Open to Learning Friday 19<sup>th</sup> February 3.00pm**

Teachers will open up their classroom from 3.00pm for parents/grandparents to visit.

**Prep 2021**

A special welcome to all of our 50 new preps who commenced school on Monday. We have three Prep classes in 2021 and we are all looking forward to getting to know our new students and their families.

Welcome also to the students who have joined us at other year levels, we hope you settle in well and enjoy making new friends.

### Creating Our Learning Community at CPS

Our teaching and support staff are looking forward to a productive partnership with you to ensure all students can achieve their highest potential.

We recognise that in order to be successful in school, our children need support from both the home and school. We know a strong partnership with you will make a great difference in your child's education.

As partners, we share the responsibility for our student's success and want you to know that we will do our very best to carry out our responsibilities. We ask that you guide and support your child's learning by ensuring that he/she:

- ◆ 1) Attends school daily and arrives on time ready for the day's learning program
- ◆ 2) Reads daily to develop a love for reading and to improve literacy skills
- ◆ 3) Shares school experiences with you so that you are aware of his/her school life

### Getting to Know You Interviews

We have set aside very important time for 'Getting to Know You Interviews' on Monday 15<sup>th</sup> and Wednesday 17<sup>th</sup> February. These meetings provide a timely opportunity for our teaching staff to form an effective partnership with each child's family. Working in partnership and having consistent expectations between home and school leads to better outcomes for our students. Parents will be required to register via a QR code upon arrival at the interview.

The Interviews are strictly 10 minutes and to ensure we run on time each teacher will be using their smart phone or a timer to keep track. If families need a longer time then a follow up time should be organised. The bookings for interviews are completed online and a notice has been sent home with all the necessary information.

### Parent contributions 2021

Charges to parents for the supply of Essential Education Items including student supplies as well as Voluntary Payments were sent home last year. The school purchases all student supplies in good faith for the new school year in one bulk order. This is done to minimise costs for everyone. Thank you to the many families who have already made their payments. This is much appreciated.

Please note that all parents are requested to pay for Essential Education Items. Parents are reminded to contact the office early in the new school year to make an appointment with me if a payment plan is required to support the payment of charges. All meetings are strictly confidential.

### School Council AGM

Information regarding School Council nominations will be sent out shortly. If you are thinking of taking on a role within our school and using your expertise to ensure the continued development of our school, please consider talking to me about the possibility of joining our School council.

Please don't hesitate to contact me if you would like any further information regarding our School Council.

### After School Greek Program

The After School Greek Program will begin on Wednesday 17<sup>th</sup> February at 3:30pm.

Ms Meny Zapantis will be the educator for the 1 hour session.

A notice outlining the program was distributed earlier this week.

### Student Insurance – Reminder from DET

Parents are reminded that the Department of Education and Training (DET) does not offer any form of 'student accident insurance'. If families are concerned about this they are advised to make their own arrangements. Ambulance cover could be one consideration as the school will not hesitate to call an ambulance if we are concerned for a child's wellbeing.

### Personal Goods brought to school at the 'Owners' risk

The Department of Education and Training (DET) does not hold insurance for personal property brought to schools. All schools are requested to remind students and parents/guardians of this at the beginning of each academic year and to discourage parents/students from bringing any unnecessary or particularly valuable items to school. Please avoid bringing these items as it can be most upsetting for all concerned if items go missing or are damaged.

### Annual privacy reminder

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#)

Please take time to remind yourself of the school's collection statement, found on our website

[www.clarindaps.vic.edu.au](http://www.clarindaps.vic.edu.au)

### Mobile phones:

Readers of the newsletter last year would be aware of the introduction of the state-wide policy on Mobile Phones in Victorian Government Schools. All students are required to turn off and hand in mobile phones to prevent usage during school hours. This also extends to smart watches where the call and messaging function can connect to the student's phone.

Devices will be placed in a locked cabinet/cupboard at the start of the day and handed back at the end of the day.

### Kiss and Go Parking

A reminder to families that cars cannot be left unattended if you are using the Kiss and Go drop off and pick up zone. I understand the tendency to think that a quick trip to the office won't hurt, but parents leave themselves open to fines if a parking officer is in the area.

Often, the first time you will know about it is when you receive the fine in the mail, as most fines are processed from photographic evidence. This also will assist the flow of traffic and ease of pick up and drop off for all families.

### School Uniform

Students should be wearing the correct school uniform every day including footwear. Our policy states that students should wear **black shoes**. Fluorescent shoes should not be worn as part of the school uniform, and we ask for community support to meet the school policy in this regard.

### Parent and Community Club PACC – first meeting Tuesday 24<sup>th</sup> February @ 2:30pm in the staffroom

The PACC extend a warm welcome to our new and existing families. Please join us to help set the calendar of events for 2021.



### **Parent and Community Club (PACC)**

Please come along to our first meeting of the year

**Tuesday 24<sup>th</sup> February @ 2:30pm in the staffroom**

The PACC extend a warm welcome to our new and existing families.  
Please join us to help set the calendar of events for 2021.

### **DO YOU HOLD A HEALTH CARE CARD?**

Have you applied for the Government allowance  
Camps Swimming Excursion Fund (CSEF)?

\$125.00 per child.

If your health care card is valid on: 27th January 2021

or

You receive a health care card that will be valid on: 19th April 2021

Call into the school office and complete an application form before 25th June 2021

### **LUNCH ORDERS - SUBWAY - Every week**

**Order on Monday — Eat on Tuesday**

**Order on Thursday - Eat on Friday**

**Order forms are available at the school office**

### **WE HOPE YOU HAVE ENJOYED READING OUR NEWSLETTER.**

Our Newsletter is produced on a Thursday each fortnight and contains many interesting articles, making you aware of happenings within the school and local community.

We send our newsletter electronically, via your COMPASS account.

All school notices are sent out through your COMPASS account including classroom newsletters, excursion notices and up to the minute reminders via your smart phone / email.

Drop into the school office for further information.

Visit our school website: [www.clarindaps.vic.edu.au](http://www.clarindaps.vic.edu.au)





## Update on Outside School Hours Care at Clarinda Primary School

Dear Families,

We are excited to be partnering with your school to deliver Outside School Hours Care (OSHC) from Thursday 28 January 2021.

We will partner with your school community to deliver a tailored before and after school care and vacation care program that is focused on bringing out the very best in kids. The program combines active games with structured and unstructured play, quiet time and a healthy snack. Every day is an adventure led by enthusiastic Camp Australia educators who are on a mission to make kids smile.

Continuity for children and families is important and we will endeavour to make sure that the transition across to our program, account management and administration is as smooth as possible.

### Parent Information Session

Please visit [www.campaustralia.com.au](http://www.campaustralia.com.au) and use the school finder to find out all you need to know about the program.

### Register and Book

Through your school page on our website you can request an information pack, or register and book your children into the program.

If you have any further questions, you can call our friendly Customer Care on 1300 105 343. The team are available 24 hours a day, 7 days a week (except National Public Holidays).

We look forward to seeing you in OSHC soon!

Yours sincerely,

Leala Martin  
Regional Manager  
Camp Australia



### Manage your Bookings

Register for an account, and manage your bookings at [www.campaustralia.com.au](http://www.campaustralia.com.au) or call the Customer Service Team on 1300 105 343.

Safety • Meaningful • Innovative • Leadership • Education  
1300 105 343 [www.campaustralia.com.au](http://www.campaustralia.com.au)



## BOOK CLUB

Each term parents have the opportunity to order from 'Book Club'.

Book Club offer reasonably priced books.

Books can be ordered and paid for on line or an order can be brought to the school office and paid with card or cash.

The current issue orders are due back by: Wednesday 17 February.

Carol McKinley

## Family Wellbeing – Ali Hardaker - School Chaplain

### **The value of routine and predictability in the home**

*"I think it is hard to appreciate how valuable routines are because they sit quietly in their place and simply enable us to get on with life."*

As a child, I enjoyed the predictable routine of waking up in the morning and coming into the kitchen, knowing that the table would be set for breakfast. There were the spoons and bowls, cereal and yes, even a jug for the milk, all ready to go. Looking back I now appreciate that in the simplicity and regularity of that set-up, I felt safe knowing that breakfast was a certainty. But more than that – I knew what part I needed to play. It was my responsibility to get dressed, make my bed and sit up at the table. I didn't need to be reminded each day, because this routine was so familiar to me that falling in step with it seemed natural.

### ***Setting it all up***

In our busy family lives, routines are some of the big rocks we need to get in place first, so that the little niggly things are taken care of. And this is a job for us parents, as children can't set up these foundational routines for themselves. The big people are responsible for establishing routines to help the family flourish. Yes, it can be tricky if you are not naturally a routine sort of a person, but it's not impossible and even surprisingly easy once you have done the routine 60 times or so!

Sometimes it is helpful to remind ourselves that we have actually become habitual about lots of things already, like buckling our children into their car seats or seat belts, for example. It's not up for negotiation. The law probably helped to make it a habit, but we also do this for our children because it gives them the best chance of safety. It shows our children that we are in charge of keeping them safe and that we love, value and want to protect them.

In essence, many of the routines we set up do similar things – while some of our routines enhance physical safety, many others support the emotional safety of our children.

### ***Find what works for your family***

Your routines will be unique to your family – not everyone sets the breakfast the night before. But everyone can identify some rotational and predictable routines (things that cannot be shoved off their pedestal) that happen in your family and were initially established and maintained by the parents. These routines are reflected in the stories children tell about their family. You might hear a child say, "We always play a board game on Friday night," or, "In the holidays, we have 'leader of the day' and that person gets to choose stuff, like what's for dinner and who sits next to Dad". Routines can tell your children quite a bit about your own family culture.

**Routines in your family might look like:****Greetings and farewells**

Your family habitually starts each day by greeting each other warmly. Every evening you always share something you enjoyed about the day, and praise your child about something they had done before you say goodnight. Children may find saying goodbye to you at daycare, preschool or school really difficult.

Establishing a special family 'farewell' – three kisses, two hugs and a squeeze, for example – gives children a pattern to click into and a routine to feel safe in.

**Eating together**

Eating dinner together as a family is great, but it can't always be achieved. Even sitting down together for morning or afternoon tea is a good enough routine – it says to children that this is what we do in our family.

**Thankfulness**

Making a habit of saying grace or acknowledging the cook at the beginning of each meal is great scaffolding and helps children learn to appreciate that someone spent time and energy preparing the meal.

**Bedtime**

This one tells children that despite how the day went, the bedtime routine is certain. There will be the daily habits of using the bathroom, cleaning teeth and then choosing the set number of books. The routine might include two questions or a small debrief of the day. It can often be helpful to have the routine visible on a chart somewhere, so young children can see the steps clearly.

**Quiet time**

As we head into the rush of the new school year, this could be a good routine to set up in your family. This is 'being still' time – on a bed or in a quiet place, so children get a break from the hustle and bustle of life. They just get to lie there and read or lie there and think. It does not mean they have to sleep – and some of you are hoping that they won't nod off! They simply recharge and reset themselves.

Word of caution though – children may resist this one, or nudge you towards letting them use a device. Try keep this routine just for books and thinking. Secondly, protests may come, but part of establishing the routine is simply keeping at it, and it will become easier with time.

**Routines set kids up for responsibility**

Maybe it's time to acknowledge and celebrate that you already have routines in place and they are worth the consistency you bring to them. It may also be time to introduce a new routine or two, and get it bedded down. Wherever you are, hang in there. If you are starting afresh, start slowly. It's our responsibility to establish and keep the routines going – but when routines become second nature, you'll notice how much easier it is for our children to step up and take on responsibility themselves. Children, at the end of the day (and the start, for that matter), love routine and predictability.

Article by: JENNY HALE