

Care Achieve Respect Excel

FROM THE PRINCIPAL

Dear Parents and Friends,

With less than three weeks to go until the end of the school year CPS has become a very busy place. Our students have continued to work very well within the classroom and the teachers have been very pleased with their engagement and connectedness to learning since their return in Term 4.

Our teachers have an excellent understanding of the learning development of each student and this will be communicated to all parents and guardians in the Semester 2 school report due to be released on Thursday 17th December via COMPASS.

Staffing announcements

We have great pleasure (touched with sadness) in announcing our Staff profile for 2021. This time of the year is always challenging for staff as they await for confirmed student enrolment numbers, contract extensions or retirements.

The following staff changes will take place at the end of the year:

Mrs Karen Mackay	- Retiring	Mrs Kerry Candy	- Retiring
Mrs Anne Hedger	- Retiring	Mrs Vicki Hallowell	- Retiring
Mrs Jeanette Irwing	- Retiring	Mrs Fiona Natsoulas	- Retiring
Ms Elley Borland	- Maternity Leave		
Ms Cristina Amalfitano	- End of Contract		
Ms Dee Mooney	- Year 5/6 (part time)		
Mrs Cheryl Marikar	- Art (part time)		
Mrs Athena Vrahliotis	- Returning (Literacy support)		
Ms Katelyn Joyce	- Assistant Principal		

As you can see, we have many years of experience retiring at the end of the year. The careers of these staff will be celebrated at assembly and a special lunch on the final day of Term 4.

School Council will make a small presentation to each retiree on behalf of the school community or feel free to acknowledge staff.

Elley will begin Maternity Leave at the end of the term with the pending arrival of a child in mid-January. Cristina's contract will conclude at the end of this year.

We also welcome Dee, Cheryl and Athena back to the school and extend a warm welcome to Katelyn who will replace Karen as our new Assistant Principal.



CONTACT US



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03 9544 3231



Compass



www.clarindaps.vic.edu.au

Prep	Gr 1/2	Gr 3/4
Katie Young Kellie Williams Nicole Davis	Jo Moriani Effie Pilakis Theo Kokkalis Pam Pashos Sophie Loveday	Nicole Delany Elena Ziebell Susie Trumble Katia Koskarti
Year 5/6	Specialist	Educational Support
Jess Brockman Erin Beissel 0.6 Dee Mooney 0.4 Tatum Sakeson Jo Ferre	Learning Specialist –TBC PE –Justine Leopold Music/STEM –Kyle Wells LOTE –Meny Zapantis & Rosey Xenofontis Art –Cheryl Marikar Support–Athena Vrahliotis 0.53 Tutor – TBC 1.3	Jan Schache Carol McKinley Terri Wilson Hema Raganathan Libby McLeod Anne Pouki Sarah Matti
Office Administration	Principal Class	Technical Support
Gaby Robinson 1.0 Lynn Morrison 0.6 TBA –0.4	Robbie Mallett Katelyn Joyce	Fenil Mangukiya-Friday

DET Tutoring Initiative

An announcement about the DET Tutoring initiative will be in the coming weeks. The initiative is aimed at supporting students who have not demonstrated academic gains during COVID-19. Watch this space!

Year 6 Graduation

The Year 6 students and teachers have been busy organising the 2020 Graduation. Due to the COVID19 restrictions enforced by the Victorian Government and the Department of Education, our graduation will be for **Year 6 students and teachers only**.

We acknowledge the Operations Guideline set by DET. However in making our decision, we have taken into account:

1. Hall space/capacity - we can only cater for 25 people (plus students) due to density rulings.
2. The capacity to only have 1 parent attend - meaning no second parent, siblings or family members.
3. Melbourne weather - the possibility that it could be 35 degrees or it could be raining.

The ceremony will be filmed for parents, siblings, grandparents and friends to watch and celebrate at home together.

Evacuation Drill

The whole school participated in an on-site fire evacuation drill on Friday 20th November.

The drill was completed within 5 minutes with over 400 staff, students and visitors assembling on the school oval adjacent to the tennis courts.

I was pleased with the response as it was the first drill for the year with children having to transition via new routes.

Prep Transition Day #5

We are looking forward to seeing our little friends at the final Prep transition on Tuesday 8th December from 9:00am -10:30am.

The procedure for the day will be:

1. Arrive at the school office and sign yourself and your child in and collect name tags.
2. Walk your child to the Prep classrooms and enter 1 of the 3 grades and encourage your child to commence an activity.
3. **Option 1** - parents can join Mr Mallett and Mrs Mackay on the school synthetic grass area at 9:15am for a school tour and information session.
Option 2 - leave the school grounds via Gate 1 and return at 10:25am to collect your child at 10:30am
4. Transition Day #5 will conclude at 10:30am. Your child will be dismissed from the Prep deck area upon your arrival. We ask that you maintain social distancing and stay behind cones at the designated collection area.

Your child will have an opportunity to work in the different prep classrooms during transition and get to know the three prep teachers.

Grades 1-6 Class to Class Transition

Class to class transition is scheduled for Monday 7th and 14th December. During transition, students will meet their 2021 teacher and classmates. Teachers have spent a considerable amount of time during and after school to construct classes.

Our staff has an in-depth understanding of each teacher's strengths and will always endeavour to place our students with teachers and peers who are best placed to suit their needs.

Dates for your Diary

- School Report** ~ Sent home Thursday 17th December via COMPASS
- Final Assembly** ~ Friday 18th December @ 12:40pm via WebEx
- School Dismissal** ~ Friday 18th December @ 1:30pm
- School Resumes** ~ Thursday 28th January 2021 (Years 1 to 6)
~ Monday 1st February (Prep)

School Council

Our last meeting for the year is scheduled for Tuesday 8th December.

I would like to thank all members of school council for their support and commitment during the year.

We all understand the complex nature of the year, but council have evolved through video conferencing, resource sharing and maintaining the governance of our school during a pandemic.

Thank you:

Jo Moriani, Effie Pilakis, Lesley McLeod, Karen Mackay, Julie Christopoulos, Valery Komarov, Katerina Mitsiou, Victoria Koutsoubos (President), Christine Asmanis, Nandani Singhal and Avinash Adhyapak.

See you around the school
Robbie Mallett
Principal

STUDENTS OF THE WEEK



Prep W	Aavya	For her effort learning to read and spell the first 300 sight words.
	Ananya	For presenting to an audience clearly and confidently.
Prep Y	Manha	For using her knowledge of sounds to write a great persuasive letter
	Baltej	For significant improvement in work habits in class and making good choices in the playground
Prep D	Esmé	For having a positive attitude towards learning and always trying her very best!
	Zoey	For always following the class rules and being a superstar at tidying
1/2M	Makhayla	For doing the right thing because it is the best thing to do!
1/2K	Amy	For an incredible improvement in writing stories!
	Isla	For trying to add some persuasive language in her letter
1/2P	Miles	For settling well into his new school
	Peter	For writing a 'powerful' persuasive letter
3/4D	Dino	For always having a positive attitude, being a respectful classmate and being a great role model for his peers.
	Alicia.	For putting her best effort in to all her work.
	Elliott	For creating an engaging picture story book and using amazing word choice.
3/4T	Thomai	For consistent diligence in all her school work.
	Pantelis	For doing the right thing because it's the best thing to do and not being distracted by others



STUDENTS OF THE WEEK

3/4Z	Alec	For showing courage by never giving up trying, even when things are hard.
	Chrissa	For not being distracted by others and doing your personal best
	Vazken	For dealing with challenges in a positive way
	Mia	For bettering yourself by being able to work with others
	Felicity	For doing the right thing because it's the best thing to do and not being distracted by others
3/4H	Chase	For finding the perfect volume for his voice when reading aloud.
5/6E	Nicole	For consistent diligence in all her school work.
5/6S	Eva	For sharing in class and helping her peers!
	Lolo	For putting her hand up in class and answering questions. Well done!
	Tuksy	For always being polite and offering to help her teacher and peers.



Slip



Slop



Slap



Seek



Slide



Protect yourself in five ways from skin cancer

DATES TO REMEMBER

TERM 4 2020

Monday 5th October to Friday 18 December

December	Monday 7	P- 5 Classroom Transition
	Tuesday 8	Year 7 transition day All year 6 students attend their secondary school for the day
	School Council Meetings	6.00 Education 6.30 Buildings & Grounds 7.00 School Council
		Prep 2021 Transition Day 5
	Wednesday 9	Whole school sports day
	Monday 14	P- 5 Classroom Transition
	Tuesday 15	Year 6 Graduation & Picnic
	Wednesday 16	Year 6 Graduation Excursion
	Thursday 17	Reports home via Compass
	Friday 18	Last day term 4 12.40 ~ Assembly via Webex 1.30 ~ Students dismissed
January 2021	Thursday 28	School Resumes Years 1 to 6
February	Monday 1st	School Begins Prep

TERM DATES

TERM 4

Monday 5 October to Friday 18 December

TERM 1 2021

Thursday 28 January to Thursday 1st April



LUNCH ORDERS - SUBWAY

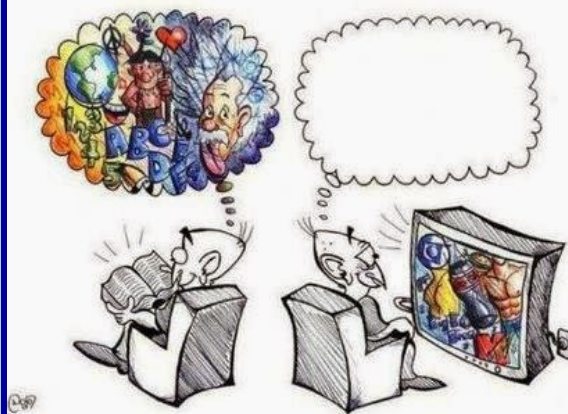
\$5.00

Every week

**Order Monday
Eat Tuesday**

**Order Thursday
Eat Friday**
Order forms at the school office

WHY WE READ



HAYFEVER SEASON

It is that time of year again when hay fever is with us.

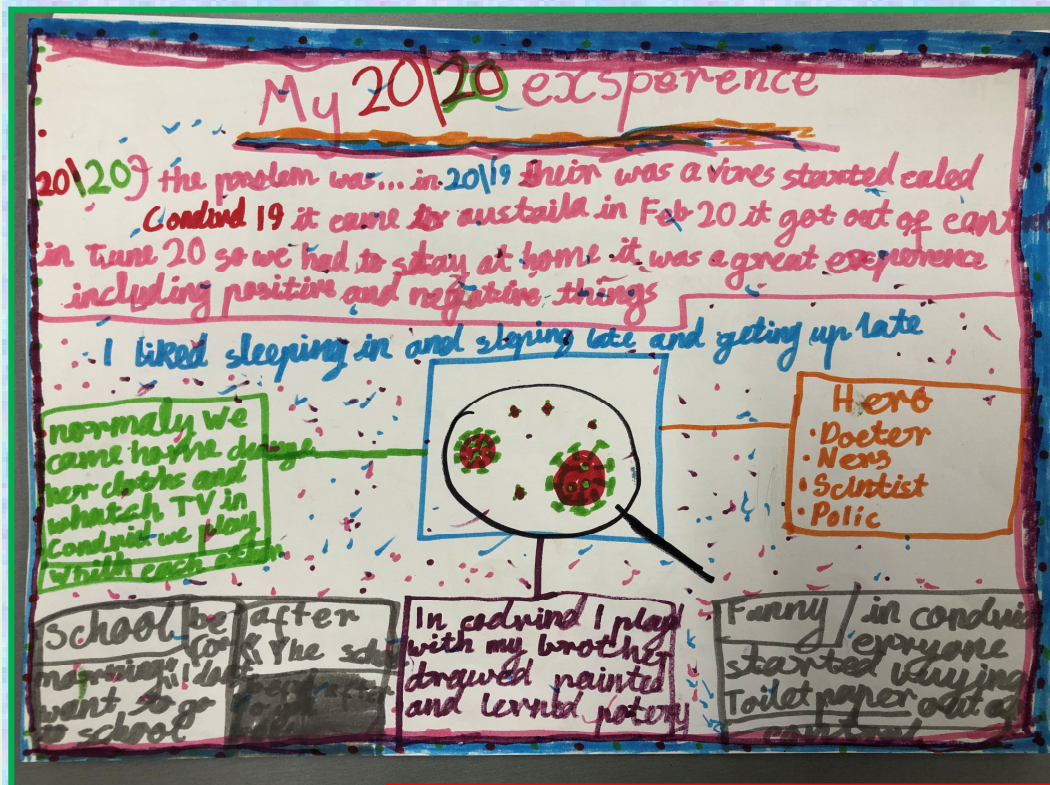
If your child suffers from hay fever and/or allergies please remember to give them their allergy medication before they come to school in the morning.

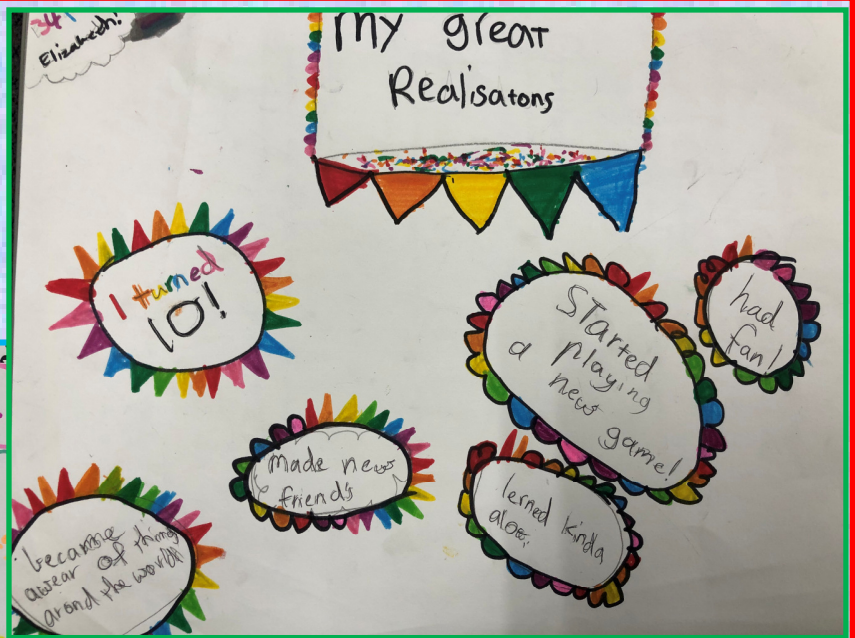


CLASSROOM CORNER - 3/4T

After returning back to school from Remote Learning, Grade 3/4T read a book, "The Great Realisation" about the effect of Covid on the world.

After our Circle Time discussion about resilience, change and growth, all students created a wonderful poster summarising their feelings.





CLASSROOM
CORNER
3/4T



MY GREAT REALISATIONS

POSITIVE CHANGE DURING THE ISOLATION

Discover myself

Staying at home, discovering my self. Discover what I like and love and who am I. Care about your family and become more closer.

Gratitude

It was obvious but it became something special, not obvious. Being thankful for special things.

New hobby

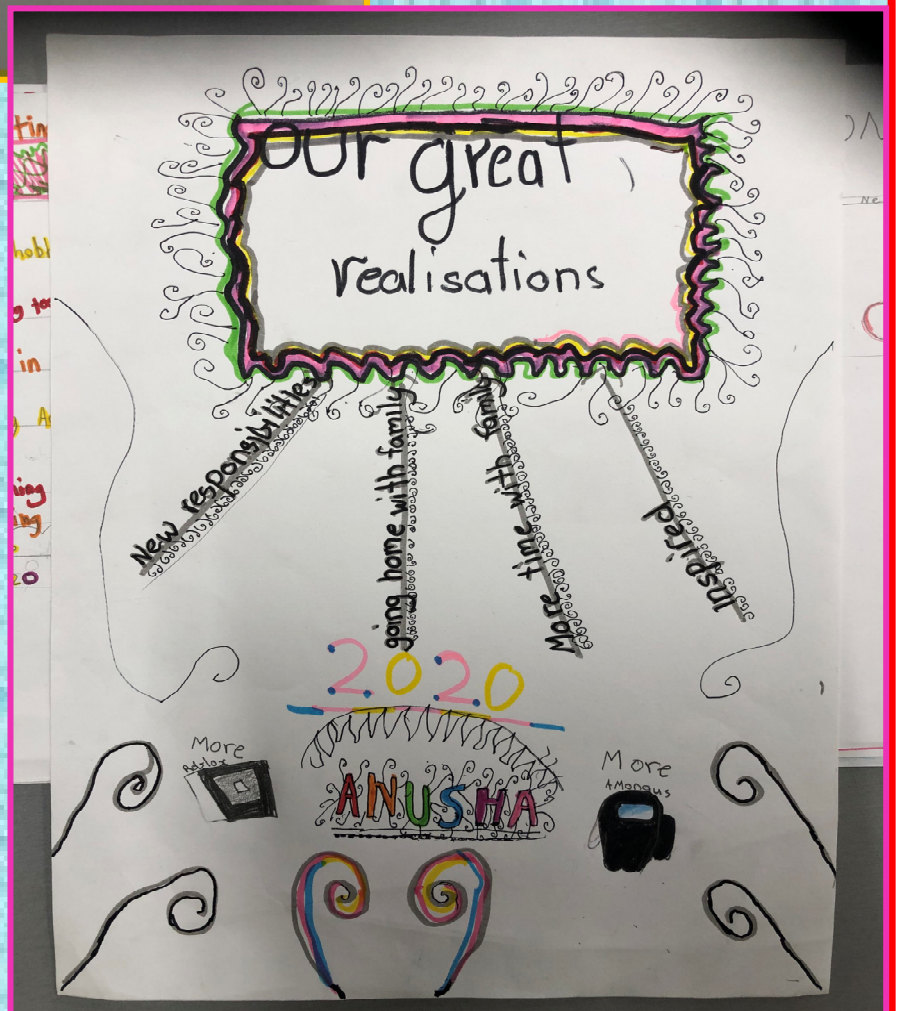
Making a hobby. Resting enjoying the hobby. If you do with some body, be closer each other.

Rest

Staying home and rest. It's a time to only concentrating on your self. Rest with your family. Rest with your friends. Rest with your pet.

STAY HOME • SAFE

CLASSROOM
CORNER
3/4T



Grade 6 Camp

Wow, don't we have the luckiest students in the world?! 41 of our Grade 6 students were so fortunate that they were able to attend a sensational surfing camp in Anglesea!

We had planned this camp to occur in March, and it had to be cancelled the night before we were leaving due to COVID, so there were some very disappointed students (and staff) back then. We were not giving up though, and when the restrictions eased, we accepted that we could only take the Grade 6 students. The Grade 5s were lucky too though, they got to have Camp Clarinda at school for 3 days and what fun they had!

At Anglesea, we were greeted by a wonderful team of camp staff, and spent 3 days with glorious sunshine, fresh air, beach games, a guide dog puppy, surfing, animals, minute to win it games, archery, yabbing, low ropes, mini golf, hut building, adventure and some awesome bush dance action!

Thank you to Ms Borland, Ms Sakeson, Mrs Beissel, and Ms Brockman for their hard work and strong sense of adventure.

All the work was definitely worth the smiles on the kids' faces!





Dig Deeper

SUMMER
20-21
READING



1 DECEMBER 2020 – 31 JANUARY 2021

Join and read for your chance to **WIN** prizes!

Visit **Kingston Libraries** to register!

FOR KIDS AGED 5 TO 16 YEARS



Introduces kids, aged 5-8 to our great game
Woolworths Cricket Blast

Come and join the fun at

Noble Park Cricket Club

Friday November 27th

5:30pm - 6:30pm

Cost
\$99

- Learn basic cricket skills
- Develop team values
- Fun, safe, social & active program
- All equipment supplied
- 9 sessions of fun activity

For more information contact

Craig 04 16 101 396



Register at

<https://www.playcricket.com.au/club-register>



10 Ways You Can Teach Your Child How to Thrive

A recent article in The Age, “[Are you surviving or thriving?](#)”, resonated with me this week. The author mentioned research from more than 10 years ago that suggested only around 17% of adults were *thriving* and the rest were merely *surviving*.

This article reminded me that when my son Charlie was born (he’s 19 months-old now), I definitely went into survival mode! It took some time to adjust to the reality of being a new mother. It was a huge change and no amount of reading or advice from other parents could have fully prepared me for the months that followed. I had to learn how to survive as a parent before I could even start thinking about how to thrive again...

Similarly, when parents first bring their children to see me for [counselling](#), they are often in a crisis situation. Something has gone wrong and help is needed. I often start by asking them what is actually working well at the moment. The reason for this is that we first need to focus on their strengths so we can then use these positive qualities to help them resolve their current issues.

But my ultimate goal in counselling is not just to help kids learn to survive or get through a ‘rough patch’ ... My aim is always to help kids learn how to **thrive**.

So how can you teach your child how to thrive?

Here are ten ways:

1. Model the behaviour you want

If you want your child to thrive you need to firstly model the desired behaviour. Which means you need to have a reasonable level of stability in your life. This doesn’t mean having ‘perfect’ relationships or always being happy, but it does mean making an effort to be a good role model for your child. Kids are like little sponges; they absorb everything from the adults in their environment – both good and bad.

2. Hone Thinking Skills

Teach your child how to think (but not *what* to think) in positive and constructive ways, and try to reframe negative thought patterns into more productive or ‘better’ thoughts.

3. Maintain Balance

Don’t over-schedule activities. I once came across a suggestion that parents could be over-scheduling their children’s lives in order to fill a void in their own lives. While I am not 100% convinced of this, I do believe that too many activities can make kids stressed.

4. Have Relaxation Time

Take time out to just relax and rejuvenate. In such a busy world it’s always tempting to stay connected and always “on.” We need to hit the pause button every now and then.

5. Enjoy the Little Things

By living in the moment, we can enjoy the simple things in life – like gazing at the moon or looking up at the stars. (My son loves to point up into the sky in the early evening when the moon and stars are just becoming visible and say “mooooooon!” and “star!” over and over.)

6. Stay Active

Kids need to be physically active. Getting them out on their skateboard, scooter or bike is essential. It is also fun! Activities don't need to be structured, but they do need to be active and enjoyable.

7. Practice Problem Solving and Making Changes

There will always be challenges to overcome. This is what makes life so colourful. The important part is *how* we go about solving problems and changing our thought patterns. Sometimes we need to change so we can grow. Other times, we simply need to approach a challenge from a different perspective. You can help your child become develop their problem solving skills by brainstorming possible solutions and discussing the options.

8. Foster Good Relationships

Teach your child to value and respect their friendships and family relationships. This establishes a good framework for later in life. Taking care of an (age-appropriate) pet teaches kids how to be nurturing and compassionate and how to cope with responsibility.

9. Have a Vision

Viktor Frankl wrote that, “Life is never made unbearable by circumstances, but only by lack of meaning and purpose.” Everyone needs to have meaning and purpose so that they can look toward the future with optimism. So help your child to set goals and talk about a shared vision for the future. For example, I like to say to my son, “When you grow up you are going to have a wonderful life and achieve great things”, before he goes to bed. (He is a little too young to understand right now... but the positive seeds are being planted for the future!)

10. Show Gratitude

Arguably one of the most important ways you can help your child learn how to thrive is to model gratitude. Life is so precious and wonderful and there is so much to be thankful for. Take every opportunity to speak kindly and show gratitude to others. So now you now you have ten different ways you can start helping your child learn how to thrive today. Why not take on the challenge today? Surviving should not even be an option!

Ali Hardaker
Student Councillor