Principal: Robert Mallett

CLARINDA PRIMARY SCHOOL 1166 Centre Road, CLARINDA, Victoria 3169

Issue 2 12 February 2020

Care Achieve Respect Excel



FROM THE PRINCIPAL

Getting to Know You Interviews

We have set aside very important time for 'Getting to Know You Interviews' on Monday 17th February.

These meetings provide a timely opportunity for our teaching staff to form an effective partnership with each child's family. Working in partnership and having consistent

expectations between home and school leads to better outcomes for our students.

The Interviews are strictly 10 minutes and to ensure we run on time each teacher will be using their smart phone or a timer to keep track.

If families need a longer time then a follow up time should be organised.

The bookings for interviews are completed online and a notice has been distributed with all the necessary information.

PREP - Dozen Days of Schooling

On Friday 21st February, the Preps will have completed a Dozen Days of School and we would like to invite Parents and Guardians to join in our celebration.

At 3.00pm, we will have an Open to Learning afternoon where you are invited to spend some time in your child's classroom to see what they have been learning in their first few weeks of school.

This will be a great opportunity for the Prep families to connect with each other and celebrate a Dozen Days of School together!!

Open to Learning Whole School

On Friday 21st February - teachers will open up their classroom from 3.00p.m for Parents / grandparents to visit.

Harmony Night—Friday 13 March

Harmony Night is scheduled for Friday 13th March. Shortly, you will receive a notice about Harmony Day. We are seeking some assistance to set-up during the day. If you are available, please contact Jeanette in the office. The evening will run from 6pm-8pm. Each family is required to provide a traditional dish to share. Soft drinks, sausages and Two Mugs Coffee man will be available on the night.

School Council AGM

Information regarding School Council nominations will be sent out shortly.

If you are thinking of taking on a role within our school and using your expertise to ensure the continued development of our school, please consider talking to me about the possibility of joining our School Council.

Please don't hesitate to contact me if you would like any further information regarding our School Council.



After School Greek Program

The After School Greek Program will begin on Wednesday 19th February at 3:30pm. Mrs Meny Zapantis will be the educator for the 1 hour session. A notice outlining the program has been distributed to families this week.

Arriving at School on-time

Thank-you to the many families who ensure their child arrives on time to school every day. Punctuality is an important life skill and a great habit to form early in life.

Students ideally should arrive at school around 8.35am with parental supervision, which allows enough time to enjoy a quick catch up with friends before entering the classroom at 8:45am for Reading (P-2) or Mindfulness (Yr. 3-6).

School officially starts at 9.00am when the role is marked.

We are asking that children do not arrive at school early unless they remain in the care of an adult until 8.45am to ensure they are supervised adequately.

Parent and Community Club PACC – next meeting Wednesday 26th February @ 2:30pm in the staffroom

The PACC extend a warm welcome to our new and existing families. Please join us to help set the calendar of events for 2020.

Curriculum Day

A curriculum day has been scheduled for Tuesday 10th March. As this is a pupil free day, students are not required at school. Staff will participate in further training.

ESSENTIAL EDUCATION 2020

See you around the school Robbie Mallett



HARMOH FAMILY FRIDAY 13TH MARCH 6.00 TO 8.00PM

SCHOOL COUNCIL ELECTIONS 2020

12th February 2020.

Dear Parents,

We are now calling for nominations for 2020 School Council. Our School Council has representatives from the parent body, staff and a community member. School Council meets twice each term (Tuesday's from 7.00pm) to discuss and make decisions regarding many issues relevant to school life. These include finances, buildings, promotion of the school, policies, uniform, grounds, etc etc. All School Council members are asked to attend each meeting and in addition be involved in one sub-committee that also meets approximately twice per term.

The final School Council meeting for 2019 members will be on Tuesday 18th February at 7.00 pm. Our Annual General Meeting will commence at 7.00 pm on Tuesday 17th March, followed by our first School Council meeting for 2020 members. Proposed meeting dates for the remainder of the year will be arranged at the first School Council meeting of 2020 members.

This year we have **4 parent member vacancies**. If more than 4 parents nominate, we will need to engage an election process. An election is only required if the number of nominations is greater than the number of vacancies. Overleaf is some further information regarding the election timeline and process.

Nominations

All nomination forms must be returned to the school office no later than 4pm on Monday 24th February 2020.

If you wish to nominate yourself for School Council please contact the office for a: Self- nomination Form for Parent Member Category

If you wish to nominate another Clarinda Primary School parent for School Council <u>please obtain their</u> <u>consent</u> and contact the office for a:

Nomination Form for Parent Member Category

At this point, I wish to formally acknowledge and thank on behalf of the school community the work of the following School Councillors whose current term in office is expiring:

Parent members:

Lindsay Armatas, Christine Asmanis, Jacques Heymans & 1 Vacancy

Department of Education & Training Members: Jan Schache, Karen Mackay, Elena Ziebell

The contributions offered by these members to our school community, through their hard work on School Council and its sub committees, has been exemplary and is indicative of why our school maintains such a strong reputation in the Kingston Principal Network and beyond.

If you have any further questions, please do not hesitate to contact me at school.

Regards,

Robbie Mallett Principal



ST JOHN'S FIRST AID

During the first week of school students in Years 1—6 took part in first aid training, many important life saving skills were taught







C P R



STUDENTS <u>of the</u> week

Prep W	Nivy	Demonstrating enthusiasm during the first week of school
Prep Y	Tisha	For reciting the days of the week in the correct order
Prep D	Esme	For being a responsible student and listens attentively to instructions
1/2L	Nina	For coming to school with a good attitude and for sharing her love of learning with her classmates
1/2K	Rodoshi	For her bravery and work ethic in the classroom
1/2M	Spencer	For trying his best and being his own boss. Well done!
1/2P	Ethan	For making strong decisions
1/2A	Phoenix	For always thinking and helping other students in the classroom
3/4D	Daniel	For showing great responsibility in the classroom and making good choices!
3/4T	Christiana	For being a responsible learner and demonstrating a caring attitude
3/4Z	Victoria	For making strong decisions and always being a helpful and kind member of our class.
3/4K	Christina	For being a responsible member of our class and a role model for other students.
5/6E	Jasmine	For showing a high level of care and responsibility for her Prep buddy.
5/6S	Eva	For using her initiative and helping her peers and teachers.
5/6B	Olia	For being an amazing role model in our 5/6B classroom. You have stepped up and been a great helper to your peers. Thank you!



The year has begun with most grades making a flying start with the PLAY IS THE WAY® Program for teaching social and emotional skills using guided play, classroom activities and an empowering language.

Preps will begin in Term 2.

These skills include recognizing and managing our emotions, developing caring and concern for others, establishing positive relationships, making responsible decisions, and handling challenging situations constructively and ethically. They are the skills that allow children to calm themselves when angry, make friends, resolve conflicts respectfully, and make ethical and safe choices.

At Clarinda Primary School all classroom teachers incorporate an indoor Circle Time discussion lesson and an outdoor PLAY IS THE WAY® game into our weekly schedule.

Teachers and students value these sessions as a way of getting to know each other and developing, improving and entrenching personal and social capabilities.

We'll keep you updated regularly about PLAY IS THE WAY® around the school.

Thank you, Susie Trumble and Jess Brockman

PHYSICAL EDUCATION

Fitness Club

Fitness Club resumed this week on Tuesday mornings from 8:25-8:45am.

We have a different reward system this year, with all laps being

calculated into kilometers and stickers placed on your reward chart for 5km, 10km, 20km etc

Check out the Fitness Club reward charts on the Fitness Club noticeboard underneath the Sports board near Mrs Leopold's office.

M's Delany and I can't wait to see you running with your friends on Tuesday morning!

Parkrun

This week I sent home information about Parkrun, which is a fantastic way to get fit, have fun and join the community in some exercise on Saturday mornings.

It's held all around the world and some of our students attended my favourite Parkrun at Karkarook Park on the weekend.

Congratulations to Alex and Leon on their outstanding efforts for their first Parkrun! Their 5km will contribute to their Fitness Club records, as well as increasing their fitness in preparation for Cross Country and Athletics!

Alex - 17th place with a time of 20:54 - Leon - 202nd place with a time of 34:25

Justine Leopold, Phys. Ed. Coordinator

LITERACY NEWS



How can I help my Prep/Foundation child with reading? Hi! I am the co-ordinator of the Clarinda P.S. Literacy Improvement Program, which helps students in Grade 1 & 2 who are having difficulty with reading. If you have a child who has just started in Prep Grade, here are some ideas to help you to encourage your child with the first stage of their reading: Read to your child as often as you can Encourage your child to choose the books you read Talk about the books you read Enrol your child in the local library Encourage them to borrow books from the school library each week Make sure your child sees members of the family reading Buy books as presents Teach your child nursery rhymes and songs Select books that use repetition to capture the rhythm of the language Let your child hold the book and turn the pages Encourage your child to join in and "read" too. Help your child to tell the story from the pictures Talk about everyday print in the environment and what it says Accept and praise your child's attempts to read Make sure that your child knows the sounds that the letters Read of the alphabet make – not just the names of the letters. In Bed (Ideas from "Parents as Partners" - Education Dept of W.A.) Look in the next newsletter for ideas on reading for the parents of Grade 1 & 2 students. ∎ťs Terrific ! Kerry Candy

DO YOU HOLD A HEALTH CARE CARD?

Have you applied for the Government allowance

Camps Swimming Excursion Fund (CSEF)?

\$125.00 per child.

If your health care card is valid on: 28th January 2020

<u>or</u>

You receive a health care card that will be valid on: 14th April 2020

Call into the school office and complete an application form before 26th June 2020

DATES TO	REMEMBER		·	
TERM 1 20)2()		SCHOOL HOLIDAYS 2020	
	© January to Frid	ay 27 March	TERM 1 Thursday 30 January to Friday 27 March	
February	Thursday 13	District Swimming Trails selected students	TERM 2 Tuesday 14 April to Friday 26 June	
	Monday 17	Getting To Know You Interviews with Teachers 2.30 to 7.30	TERM 3 Monday 13 July to Friday 18 September	
	Tuesday 18	School council 7.00	TERM 4 Monday 5 October to Friday 18 December	
	Wednesday 19	After School Greek begins 3.30 to 4.30	SCHOOL UNIFORM	
		3 year old Links begins 9.00 to 10.30	CLEARANCE DISCONTINUED ITEMS	
	Friday 21	Dozen Days of Prep celebration	\$5.00	
		4 year old Stepping VP begins 9.00 to 11.00	SUN SMART	
		Open to Learning 3.00		
	Wednesday 26	Preps first Wednesday	Hats are compulsory from the start of Term 1.	
March	Monday 9	Labour Day Holiday No children required at school	 No hat = No play Our SunSmart policy states that hats need to be brought to school and worn in Term 1 at recess, lunchtime and during Physical Education/Sport. Please re-visit the home routines and arrangements of your child/ren ensuring they have their hat at school every day from the start of Term 1. A reminder that caps and sun visors are not SunSmart approved hats. 	
	Tuesday 10	Curriculum Day No children required at school		
	Friday 13	Harmony Day Celebration		
	Monday 16	Campers Depart Years 5 & 6		
	Wednesday 18	Campers Return 3.30pm	No hat = No play	

PARENTS AND TEACHERS OFTEN ASK ME HOW TO BUILD RESILIENCE IN KIDS.

My response is always the same. "Start by building independence and resilience will follow."

Children are hard-wired for independence

Sometime around the age of fifteen months (give or take three months) most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – "NOOOO!" and the more articulate cries of "I can do it!" as their third birthday approaches.

This is the time to harness their push for independence and self-sufficiency. Their push for independence will see most children take incredible physical risks in the form of play, the exploration of their immediate environment and their wish to gain mastery over their environment. Concerned parents will naturally minimise risks by moving furniture around; keep doors closed and hiding sharp implements at home, to name a few protective measures. But parents can't eradicate all risks. They recognise that kids will fall and hurt themselves but they'll also get up and go again. In time, they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young

children. Parents don't have to do much more than assess a situation for real dangers, stand back and allow kids to explore their environments and pull them up when their play and explorations transgresses the rights and peace of others.

So what's this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and it rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing aforesaid hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

The language of Independence

The fact that there's a whole genre of language devoted to resilience (and it's mostly cloaked in cliché) is no accident. Terms such as "get back on the bike/horse when you fall off"; "come on, brush yourself off and get on with it"; "what doesn't kill you makes you stronger" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely the current

relationship with risk and adventure (both required for independence-building), that many parents have is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet, many of those same adults will block the pathway to children's resilience by over-indulging, solving their

problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out jams and getting up after a fall.

You can never love your children too much; but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real

independence and you open the pathway to resilience that will last a lifetime.

Find out how to develop real independence and resilience in your child in my latest book Spoon-fed Generation: How to raise independent kids.

CLARINDA PRIMARY SCHOO

Open to Learning

Your child's classroom will be open for you to come in and join the learning.

FRIDAY 21ST FEBRUARY @ 3PM





City of



Study English at Westall Community Hub

Improve your English Language Skills

This course is suitable for people who come from a non-English speaking background and would like to improve their English language skills, including reading, writing, listening and speaking.

22484VIC Certificate I EAL (Access) 22485VIC Certificate II EAL (Access)

Days:	Monday and
	Tuesday (9 months)
Time:	9.15am to 2:30pm
Venue:	Westall Community Hub
	35 Fairbank Rd
	Clayton South 3169
Cost:	No Errolment fees
	*\$50.00 resource fee for the course

For more information:

- 🕐 \$767 6900 or \$581 3050
- enquiries@skillsplus.com.au westallhub@kingston.vic.gov.au

Permanent Resident and Non-Permanent Resident Holders. Eligibility criteria apply

This training is shellowered with Victorians and Commonwealth documentere Functing, Highding orderin spoly or training is delivered on a fee for sorvice basis. Propie with chabitities and livers diverse backgrowere one encouraged in apply. Details of the KINPs completels and approxit processes can be found in our website.

BTD-Code: 3422







